

52 (RWA)

LAKE CHAMBERLAIN

Bethany &

Woodbridge, CT

A Regional Water Authority (RWA) Recreation Area. The West River and its tributary, the Sargent River, flow through the valley west of West Rock Ridge. Five reservoirs were created between 1889 and 1925 on these rivers to form the West River water supply system. Originally constructed in 1890, Lake Chamberlain was enlarged in 1958 to over five times its original size. The Greenway Connection Trail is a link to the Woodbridge Greenway and enters the site on Route 63 at the north end and Dillon Road at the south end. The trail follows and then crosses Sperry Road (closed to through traffic each winter). Before climbing southeast to Dillon Road, the trail traverses a small stream on the old Woodbridge Glen Road.

The Stony Loom Trail starts at the west end of the Lake Chamberlain Dam and connects Chamberlain's trail system to the Woodbridge Greenway. The trail is named for the dominant soil type in the area. The Old Field Trail offers sightings of small animals, like chipmunks and red squirrels, that make their homes in the stone walls once used for farming. The Sargent River Loop is named for the Sargent River that feeds into the Lake Chamberlain reservoir. The trail passes through a wide range of forest types, including a larch plantation, hardwood swamp, and transition hardwoods. Club moss or ground pine (an evergreen plant about six inches tall) is abundant. These club mosses have been around for 300 million years. Some now extinct species once grew as big as trees.



Photo of Virginia Creeper by RWA
Photo Contest Winner Alec Blakey

The Eric Stone Trail offers some beautiful views of Lake Chamberlain. In the spring and summer look for bluebirds that nest in this area. Bluebirds are enjoying a comeback in Connecticut, thanks to many bluebird houses put up by volunteers. As farmland and low fence posts have disappeared, bluebirds have become dependent on these special houses for nesting sites.

South Central Connecticut Regional Water Authority Recreation Area - PERMIT REQUIRED

Directions and Parking:

Lake Chamberlain's gated entrance and parking area is off Sperry Road. Take Litchfield Turnpike (Route 69) to Morris Road and a left onto Sperry Road.

Permitted Activities:

This site is for passive use only – no mechanized vehicles. Hiking only. State fishing license is required for shore fishing. Wading and swimming are prohibited. Dogs are not permitted. Horses are permitted on certain trails with a permit from the Bethany Horsemen's Association.

For more information about this location and to obtain a permit— contact:

Regional Water Authority
Recreation Department
(203) 401-2654
www.rwater.com/recreation

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Mapping for this brochure has been produced by John Triana of the Regional Water Authority.

South Central Regional Council of Governments

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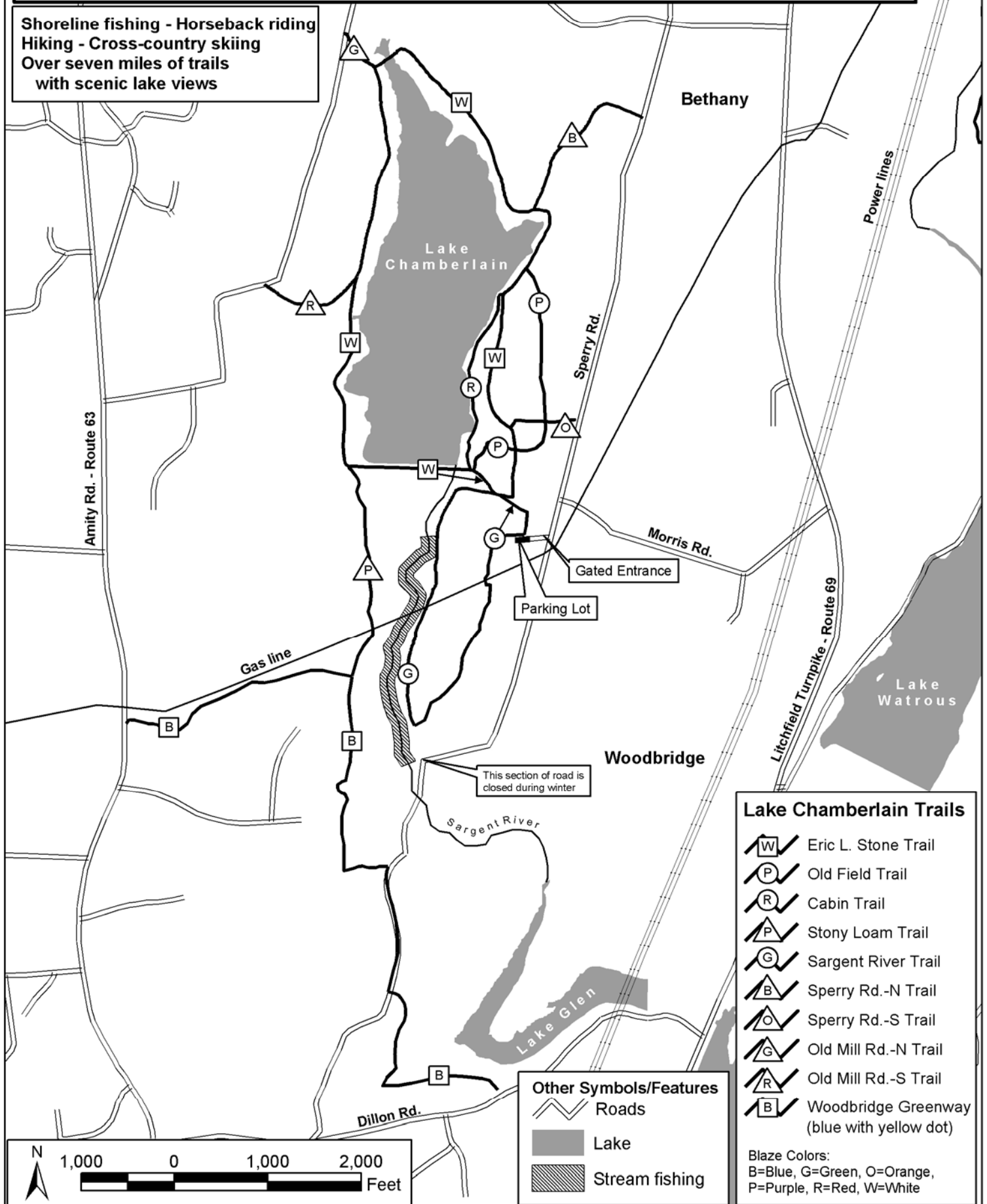
Phone: (203) 234-7555
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Lake Chamberlain



Regional
Water
Authority
Recreation

Shoreline fishing - Horseback riding
Hiking - Cross-country skiing
Over seven miles of trails
with scenic lake views



Lake Chamberlain Trails

- Eric L. Stone Trail
- Old Field Trail
- Cabin Trail
- Stony Loam Trail
- Sargent River Trail
- Sperry Rd.-N Trail
- Sperry Rd.-S Trail
- Old Mill Rd.-N Trail
- Old Mill Rd.-S Trail
- Woodbridge Greenway (blue with yellow dot)

Other Symbols/Features

Roads

Lake

Stream fishing

Blaze Colors:

B=Blue, G=Green, O=Orange,
P=Purple, R=Red, W=White